



Stage 4 Risk Assessment Competition Modified Rules

JOIN THE MOVEMENT

#RISEAGAIN

TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

This template covers competition modified rules only and is for organising a league or other competition. If using for training the Stage 4 (Risk Assessment Modified Training) must be used.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball’s latest guidance.

Our competition name: Grangers Netball Club	Our COVID-19 Officer is: Claire Southam
Who is carrying out this assessment? Claire Southam	This activity takes place at : Training and match venues
Date of the Risk Assessment: 10th October 2020	We will review this risk assessment next on: December 2020

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
For some people, the risk of COVID-19 is higher	Players, coaches, officials, volunteers, parents	<p>High risks groups are aware of the risks involved in netball and have access to the personal risk assessment</p> <p>Participants have the choice if they would like to attend sessions and ‘opt in’ to activity</p> <p>There is no pressure from coaches, volunteers or other players to participate in competition</p>	<p>Ensure that any high risk individuals are identified by a pre-health care questionnaire.</p> <p>All Umpires and Volunteers to opt into</p>	Club Covid Officers to verify coaches have Risk Assessments and all players have opted in Each team will have a Covid Awareness trained person.	Identified Before attending training sessions and matches	On going

				They will liaise with the Coach / Team Manager/ on any vulnerable individual.		
Someone returns to soon following a case of COVID-19	Players	<p>Players are aware of the risks of exercising post a case of COVID-19.</p> <p>Players advised to follow the advice of their GP or Consultant</p>	Identified by pre session health questionnaire. Player and or parent confirms fit to play	<p>Players must advise Lead Coach.</p> <p>Coach to inform Covid Officer</p>	Before training commences	
Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms	Players, coaches, officials, volunteers, parents	<p>Provide clear information to all participants of potential COVID-19 symptoms</p> <p>Ensure pre-travel health screening is undertaken prior to travelling to activity</p> <p>Undertaken a further health screening before entry into session</p> <p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p>	<p>Club Covid Officer to cascade through teams COVID officers within clubs to follow the guidance prior to any training or Match</p> <p>Team manager/coach/Covid Officer or other designated responsible person or captain on training or match day to ensure all coaches, personnel participants complete track and trace.</p> <p>All match officials to complete Track and trace through Home</p>	<p>Club Covid officer</p> <p>Team Covid officer</p> <p>Track and trace implemented to advise all members who attended of possible infection and to monitor for symptom.</p>	Immediately	On going

			team. Track and trace records to be retained by Club for 21 days. Ensures that any equipment etc which the individual may have touched is sanitised or disposed of in line with govt protocols.			
Transport to and from competition	Players, coaches, officials, volunteers, parents	Car sharing outside of household is not permitted Adherence to Government guidance on travel and public transport	Correspondence to all club members via email, website and social media with frequent reminders, Get all members commitment to compliance to latest govt guidelines on transport by answering pre-questionnaire.	Covid Officers All Members are responsible for compliance.	On going	
Droplet transmission	Players, coaches, officials, volunteers, parents, members of public at venue	Maximum of 30 people per netball court (inc players and coaches/volunteers/officials) Reminders to maintain social distancing on arrival at venue Gaps scheduled between groups	Correspondence, Signs at venue. Ensure all that all Members / parents have a copy of club management plan to ensure they understand	Covid officer and Venue Covid officer All Members. Any incidents which may have been breached to be advised to	Before attendance to training or matches	Ongoing

		<p>Congregating before or after training and competition matches is not permitted.</p> <p>One way systems in place to manage entry and exit onto court</p> <p>Signage and floor marking (where appropriate) in place.</p> <p>Name & contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles)</p> <p>All training, competition matches uses COVID-19 rule modifications</p> <p>Matches limited to maximum duration of 60 mins</p> <p>Beginner players continuously reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m</p>	<p>responsibilities for modified training.</p> <p>With Pre-questionnaire. Members must confirm that they understand and will comply.</p> <p>All training participants to arrive a maximum of 5 minute before stated time and wait in vehicle where possible or designated area, socially distance until indicated by coach to enter training area.</p> <p>All match participants not to arrive any earlier that 10 mins prior to the start of a game. Players may only participate in 1 match or netball training per day. Follow the one way system in and out of</p>	<p>the Covid Officer.</p> <p>Depending on breach, GNC Committee to be advised and decided whether any disciplinary action needs to be taken.</p>		
--	--	--	--	--	--	--

		<p>apart or 1m+ where this is not possible.</p> <p>Parents and spectators remain socially distanced and gather in groups of no more than six, when allowed to attend</p> <p>Shouting is not permitted.</p> <p>Team huddles are not permitted.</p> <p>Where multiple courts are used, run off must be 2m between courts and social distancing needs to be possible for non playing roles.</p>	<p>the venue as directed by the venue</p> <p>All participants to complete track and trace</p> <p>For track and trace purposes -all players attending training must confirm registered on attendance. No players may just turn up, they must pre-book</p> <p>Only Players ,Team officials and Match officials to be permitted court side and venue restrictions to be strictly adhered too.</p> <p>Match officials to follow rule Modifications, and help support with clear communications around modifications for players</p>			
--	--	--	---	--	--	--

			<p>Team benches to be sited as directed By venue through Home team and following risk assessments on social distancing</p> <p>Indoor team benches to wear face masks.</p> <p>Indoor coaches to wear face masks at training</p>			
<p>Fomite transmission via surfaces in venue</p>	<p>Players, coaches, officials, volunteers, parents, members of public at venue</p>	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)</p> <p>Confirm with venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place</p>	<p>Venue risk assessments to be followed, a minimum between each quarter and then each game and as and when necessary if any physical contact from a player during training and matches. To be complete by stated team as designated by the league for matches</p> <p>For training by the coach</p>	<p>Covid Officer to ensure that Risk assessments have been received from venues prior to training commencement. Covid Officer to liaise with Coaches and /or Covid Awareness trained Members on site that they have read and understand all</p>	<p>Prior to any training commenced.</p>	<p>Ongoing</p>

		<p>Regular disinfection of such heavily used areas</p> <p>Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.</p>	<p>Venues to confirm via venue Risk assessment</p> <p>Venues to advise</p> <p>Home teams to ensure this is followed – Covid Officer</p>	<p>protocols relating to the venue.</p>		
<p>Fomite transmission via equipment</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Hand hygiene protocols in place prior to attendance and upon arrival</p> <p>Hand sanitiser and wipes to be available during sessions</p> <p>All participants to provide their individual hand sanitiser. Coaches to have hand sanitiser for use if a participant forgets.</p> <p>All equipment including posts to be sanitised before and after each match and training session</p> <p>Bibs not shared and washed between each use.</p> <p>Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes</p>	<p>Clubs to ensure kit bags contain hand sanitiser and wipes for each match. All personal property to be clearly marked</p> <p>PPE to be worn when cleaning posts</p> <p>Ensure there is enough bibs to ensure no sharing. Establish washing routine for the team Bibs. Consider playing Bibs inside out or using a marker system if subs are required , if not enough spare bibs available.</p>	<p>Team Covid officers to ensure COVID bags have equipment in. Team Managers and Coaches to ensure all players / parents have received checklist prior to training.</p> <p>Players who forget equipment may use team equipment but must be reminded to being their own. Players who financially may</p>	<p>Immediately</p>	<p>ongoing</p>

		<p>Sanitise post if players touches before play resumes</p> <p>Water bottles and whistles must not be shared and any left at end of matches should be disposed of. Water bottles to be named.</p> <p>Water bottles and whistles must not be shared and any left at end of session should be disposed of</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials</p> <p>Scoresheets or paperwork must not be shared or signed by others</p> <p>No payments to be made via cash for fees (contactless only)</p>	<p>Send a checklist to players to bring to training to include: Hand sanitiser Basic first aid equipment. Pre-labelled water bottle.</p> <p>Training – balls to be kept in named bags when not used marked clean for those ready for use and dirty for those waiting to be cleaned. After use ball to be placed in dirty bag unless it has been sanitised ready for use, then it can be used or placed in clean bag. Coach to sanitise.</p> <p>Coach to delegate to volunteer to set an alarm to ensure that there are regular breaks (every 15 min) for players /officials</p>	<p>be unable to provide equipment will identified by checklist questionnaire and supported by the club</p>		
--	--	---	---	--	--	--

			<p>etc to sanitise their hands.</p> <p>Advise Members of the introduction of a bag to dispose of any waste materials.</p> <p>For match play follow the league protocols.</p>			
Airborne transmission	<p>Players, coaches, officials, volunteers and parents</p>	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p> <p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by</p>	<p>GNC will only use venues and areas (such as recreation grounds) which are safe and meet the criteria of ventilation.</p> <p>All venues which GNC use will have a Risk Assessment. Any particulars regarding this assessment – such as access points etc – will be communicate to Members.</p> <p>For indoor fixtures scorers and time keepers to wear non surgical masks.</p>	<p>Policy of GNC and enforced by Committee and GNC Officials.</p>	<p>Immediately</p>	<p>Ongoing</p>

		<p>coaches and non-active attendees e.g. first aider, scorer, substitutes</p> <p>Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed</p>	<p>Team Bench players and coaches and other team officials elect to wear masks .</p>			
<p>Competition and common netball behaviours</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Sessions are planned with Stage 4 rule modifications including warm ups and small sided games</p> <p>Two umpires are required to ensure adherence to the modified rules</p> <p>Modifications and non permitted common netball behaviours are communicated prior to competition commencing</p> <p>Players are briefed again at the beginning of matches</p> <p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>	<p>GNC will provide all members of guidance of new modifications.</p> <p>GNC will provide a checklist for Coaches to use to remind players before training commences - as part of the introduction to training principals.</p> <p>Coaches will take into consideration level of activity of players and plan appropriate training to minimise any injury. Umpires to complete hand sanitation and whistle cleaning during intervals .</p>	<p>Covid Officer to provide checklist. Coaches / Covid trained members to implement reminders and compliance to modified training.</p> <p>Appropriate forum presentation to be circulated through county</p>	<p>Ongoing</p>	

			Umpires to advise during pre match protocols where appropriate and necessary			
Junior players and vulnerable adults	Junior players, vulnerable adults, parents of junior players and/or vulnerable adults	<p>Clear and regular reminders of rule modifications during session</p> <p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's)</p> <p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players</p>	<p>Ensure all parents are aware of GNC Mitigation Plan.</p> <p>Through pre-screen questionnaire – identify any members who may be vulnerable.</p> <p>Identify volunteers to be in place to assist Coaches with reminding junior players of modified training.</p>	Coaches , Team Managers to liaise with Covid Officer to ensure an adequate number volunteers in place relevant to that age group.	Prior to commencement of training.	
Toilets and changing rooms	Players, coaches, officials, volunteers and parents	<p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p>	<p>Ensure have a copy of venue risk assessment.</p> <p>Venue entry time to be adhered to. If there is a match either before or after please ensure you either wait for the earlier teams to leave or leave as soon as</p>	All members, teams and officials are aware of and follow venue protocols	Prior to commencement of training at the venue.	

		Hand sanitiser to be available on courts so use of toilets is not needed for hand washing	<p>possible removing all personal items and rubbish from the venue .</p> <p>Players to arrive ready to play as all changing rooms closed Match Officials to arrive ready to umpire</p> <p>Ensure hand sanitiser is available.</p>			
An injury is sustained whilst social distancing is in place	Players, coaches, officials, first aider	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p> <p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>	<p>Have sanitiser available to ensure all players sanitise pre-training.</p> <p>Ensure all GNC Squads have adequate PPE and first aid. Covid Officer to ensure that all Coaches and Primary Carers understand guidance of administering first aid during modified training and playing.</p> <p>Ensure there is some onsite who has had Covid Awareness</p>	Covid Officer to liaise with Coaches / Team Managers etc to ensure adequate training and equipment is in place.	Ongoing	

			training to ensure any waste is disposed of correctly.			
Breaches to Government and England Netball guidance	Players, coaches, officials, volunteers and parents	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club/league disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>	<p>Provide each Member with GNC Management Plan and Check lists.</p> <p>Make sure all documentation is also shared on GNC website for easy access for Membership.</p> <p>Continually review Disciplinary procedures to ensure they are current and robust.</p> <p>Empower Coaches and Officials to make informed decisions regarding the safety of training/playing</p> <p>Serious and intentional breaches to be reported to league and or county</p>	All Members to be responsible and adhere to EN and government guidelines.	GNC Committee Officials to implement disciplinary procedures and sanctions as per GNC's policy.	